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# Embracing Tango

Benzecry Sabá

## EMBRACING TANGO

Techniques and Metaphors between Tango and Life

Prologue: María Nieves  
Epilogue: Aurora Lúbiz



ABRAZOS



## Synopsis

Aesthetics, respect and discipline are some of the concepts Benzecry SabÃ¡ has analyzed in depth in this book. In its pages dance is understood as a unity that not only plunges us into pleasure, but also raises our spirits. Embracing Tango shows us the technical tools we need to develop so we can dance freely and creatively. It includes a meticulous explanation of six basic Tango figures and a detailed analysis of the embrace, the dance floor, surrender and improvisation. It also discusses the Milonga Codes set out here for the very first time and strategies and suggestions designed to encourage dance invitations and their acceptance. Embracing Tango is like a prism which encompasses everything from physical and spatial problems, to the social and psychological behavior of the dancers at Tango dance halls. Dancing Tango is all about dancing what we are. And it is precisely here that we find the great metaphor that the author shows with sharpness. This book helps us to find our essence in a shared embrace. MarÃ¡ - a Olivera

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